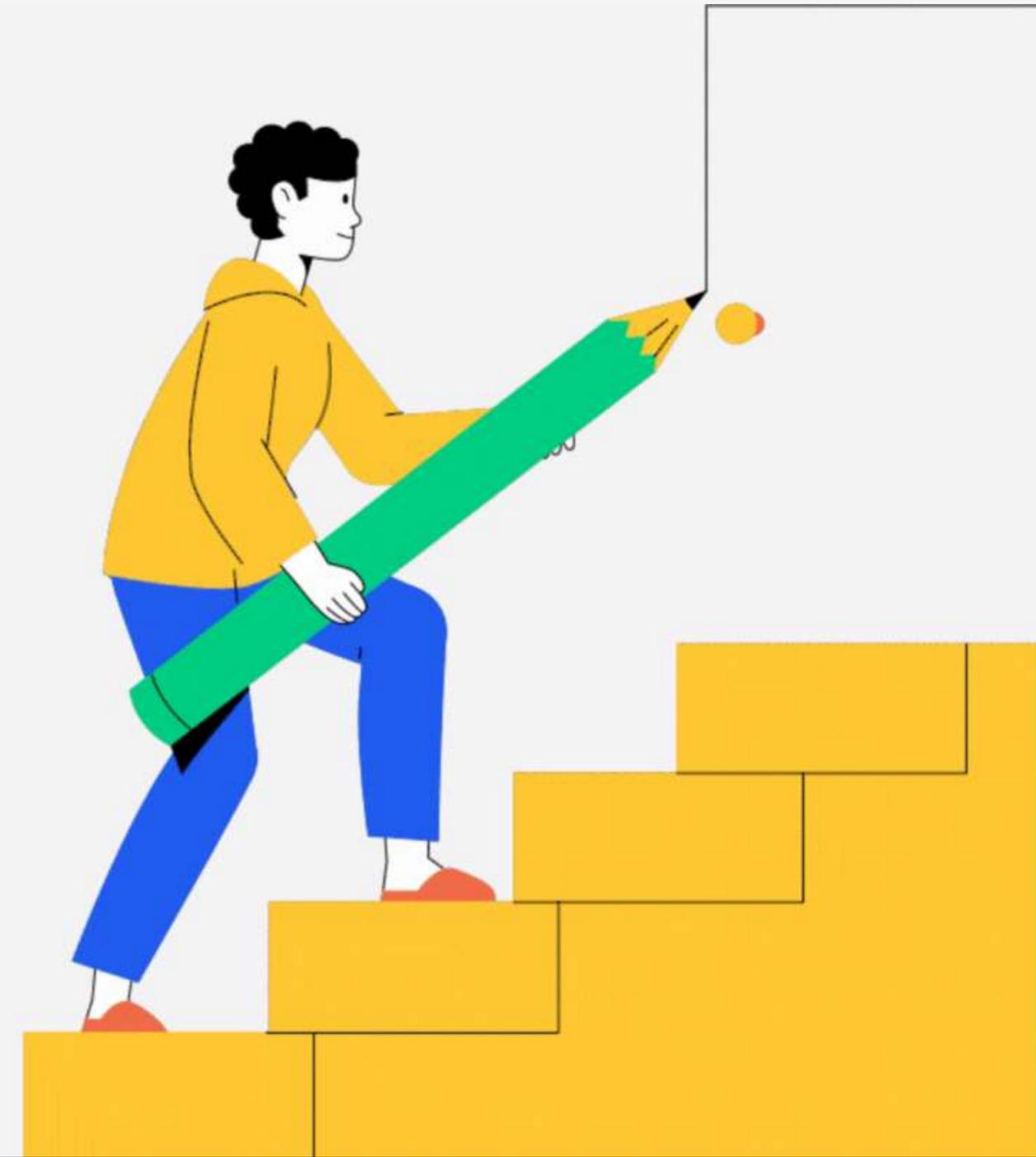




St Michael's Alumni Association

Career Planning

*How to create opportunities for
the career you want*



SUNNY AGRAWAL

Leadership Coach and Founder of Thinkers and Fillers

July 22, 2022 @ 10:00 A.M.

St Michael's High School, Patna

i *This presentation is for learning purpose only*

Event Summary



The Program

- The session was conducted for the 11th and 12th **Student of St. Michael's High School**
- Total of approx. 350 students got benefitted with the session
- The objective of the session was to help students align their interest and hobbies around a fulfilling career.
- **St Michael's Alumni Association is thankful to Mr. Sunny Agrawal for conducting the** session
- There was a Q&A round for approx. 20 minutes to help students get their doubts clarified
- We thank Fr. Edison Armstrong, SJ for the warm welcome and wonderful arrangement to conduct the session.
- We are glad to share the session content for students and faculty members.



What We're Learning Today

Here are the topics we will cover this morning:

- *Planning for Long-Term Careers*
- *Hobbies: Your strength*
- *Making impact in things we do*
- *Creating Opportunities*

Career Story

- *MRX is currently working in TCS as a python coder.*
- *He did his schooling at a govt school in the district of Darbhanga.*
- *Did his graduate in Mass-Com and started working in a PR agency. PR is public relations.*
- *Then he learnt French from alliance Francais Allaince and joined a software company which had French clients.*
- *He worked as a translator and then while translating client requirements and giving feedback from the technology team, he developed an interest in IT and learnt coding through Ude my.*

Learnings –

With Sheer will, Hard work, and Extreme dedication; there is nothing that you cannot do.



Career Story

- Globally the titles of the world's fastest man has mostly been held by people who are tall in height and there is a logic to it. Long legs allow one to cover more area, and that gives the advantage. This has been the logic till recently.
- But during the Tokyo 2021 Olympics, the fastest person in the semi-finals for first 60 m was Su Bingtian (pronounced as Su Bingshan)
- En route to his 100 m record, Su broke the world record in the 60 m (as a split time) with a 6.29, which converts to around a 4.07s 40 yard dash.
- This was impossible to even believe.
- The most important point here is that he not only broke the record but he is a PhD who wrote his thesis on Running techniques

Learnings –

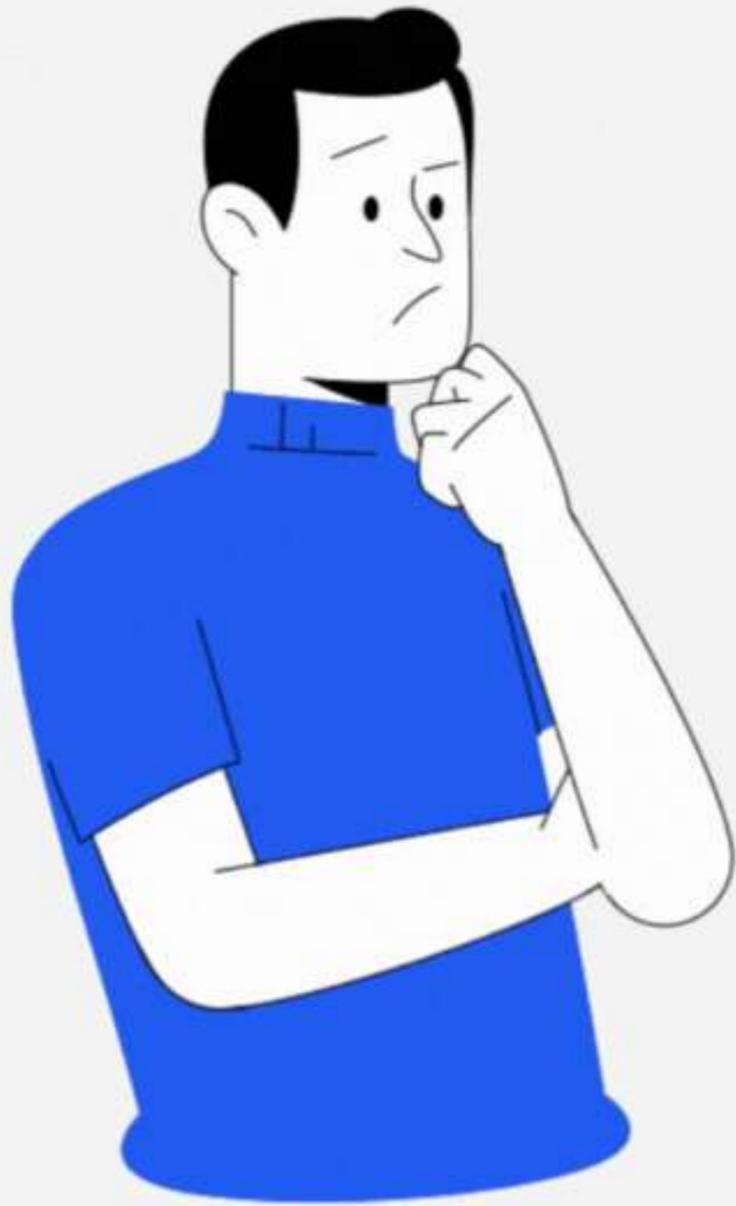
If you study and work hard, you can create new frontiers in something as simple as running



What's the similarities?

Challenging Stereotypes, Self-Learned, Open to experiment

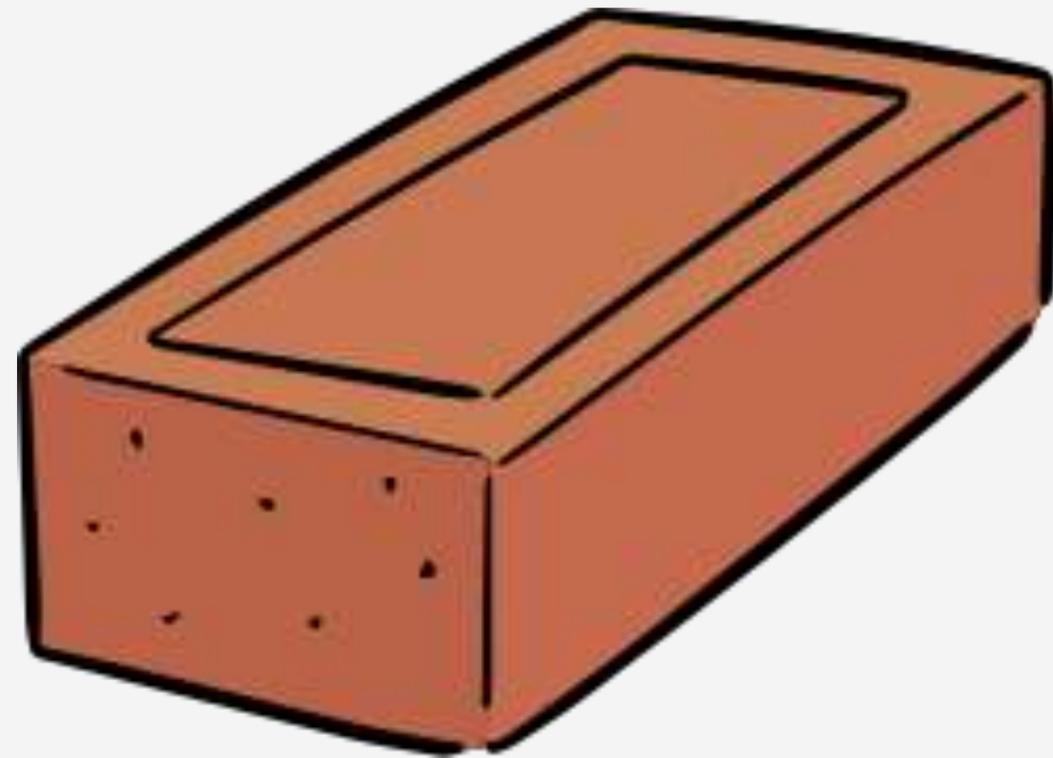




Let's do an Activity!



Listing uses of an object



https://youtu.be/pPCy0Kts_Y4

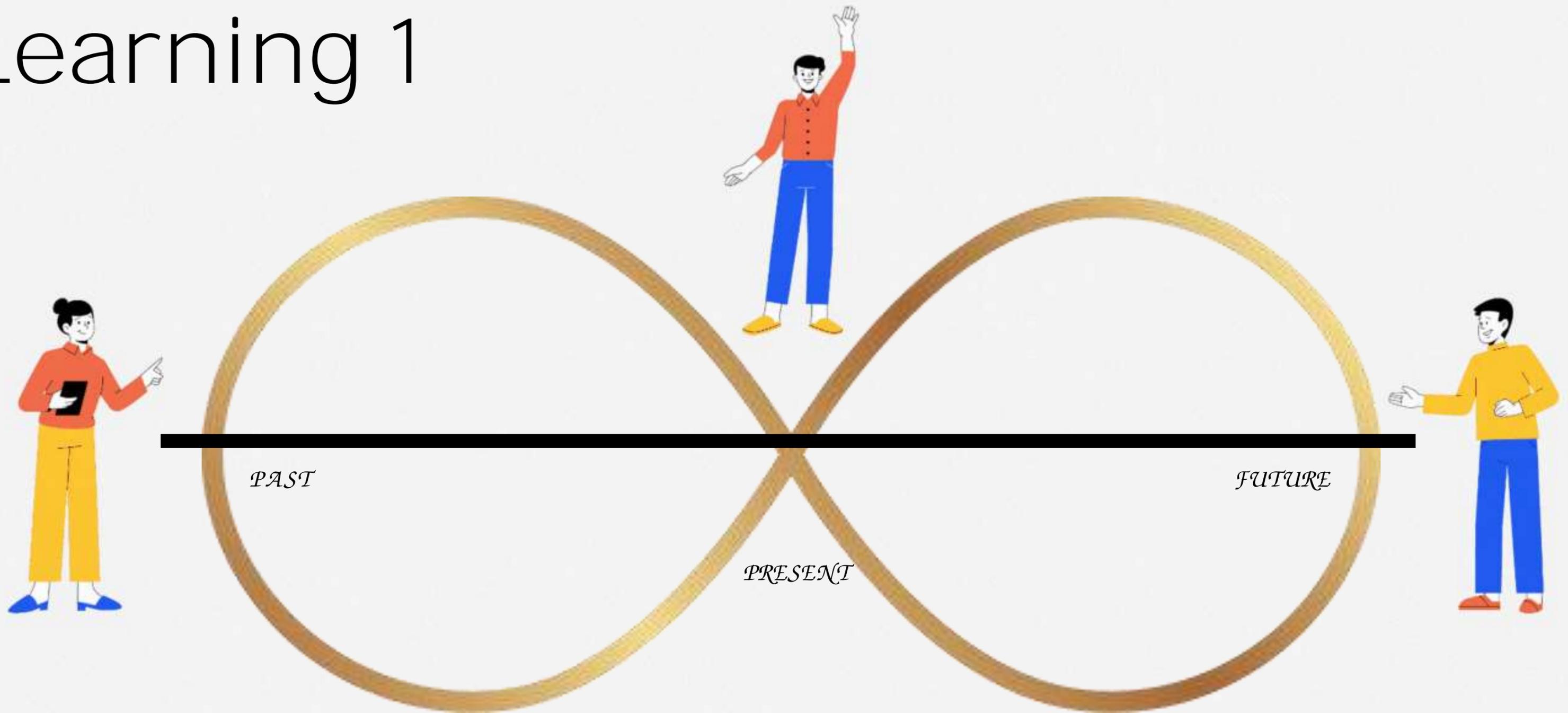
To develop critical and creative thinking, forced fitting is a fun activity. Rather than just an activity, I would call it an intervention aimed at helping participants learn a great way to control their thinking process. That too with an immediate result.

Our brain does three things: think, want and feel. Our thinking controls our emotions and decisions. But the biggest question is who controls our thinking. Is it possible to control our thinking?

Let's understand how our brain works.

Watch the activity on YouTube.

Learning 1



EXPERIENCE

EXPERIMENTATION

EXPECTATIONS

Life is an infinite loop of experimenting at the moment to fulfill future expectations using past experiences. Let's keep *experiment and keep adding experiences*.

Learning 2

Create a document to capture all your past experience.

Reward

Participation

Failure stories

Success Stories

Hobbies

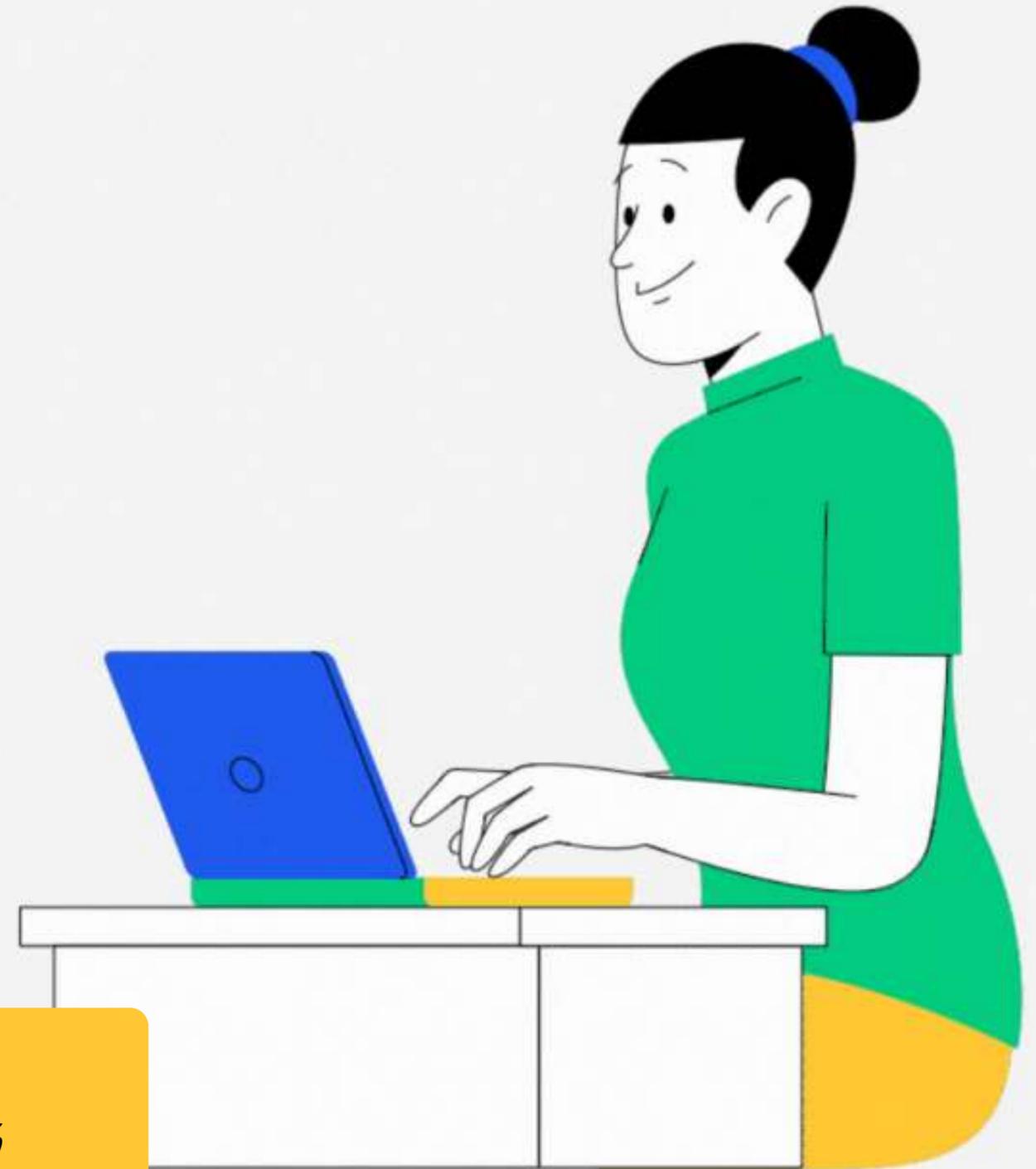
Volunteer

Publication

Visiting Cities

Etc

A helpful document for future Job Interviews

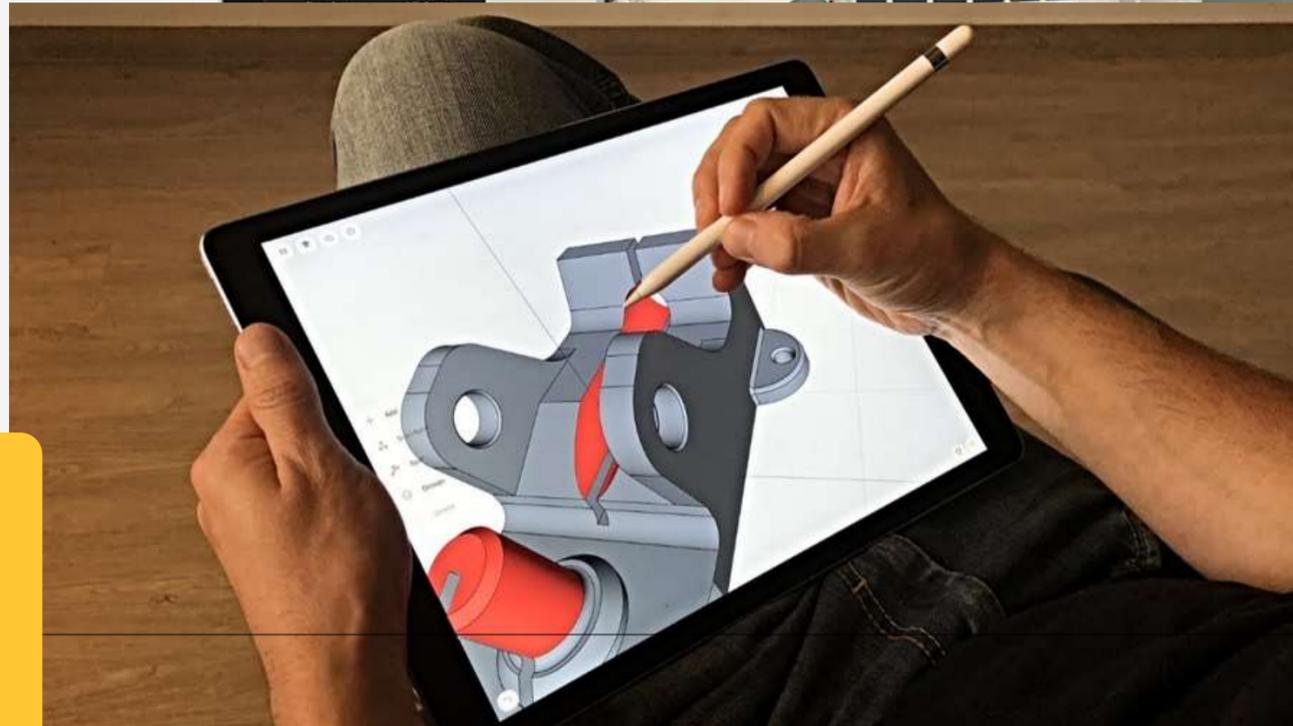
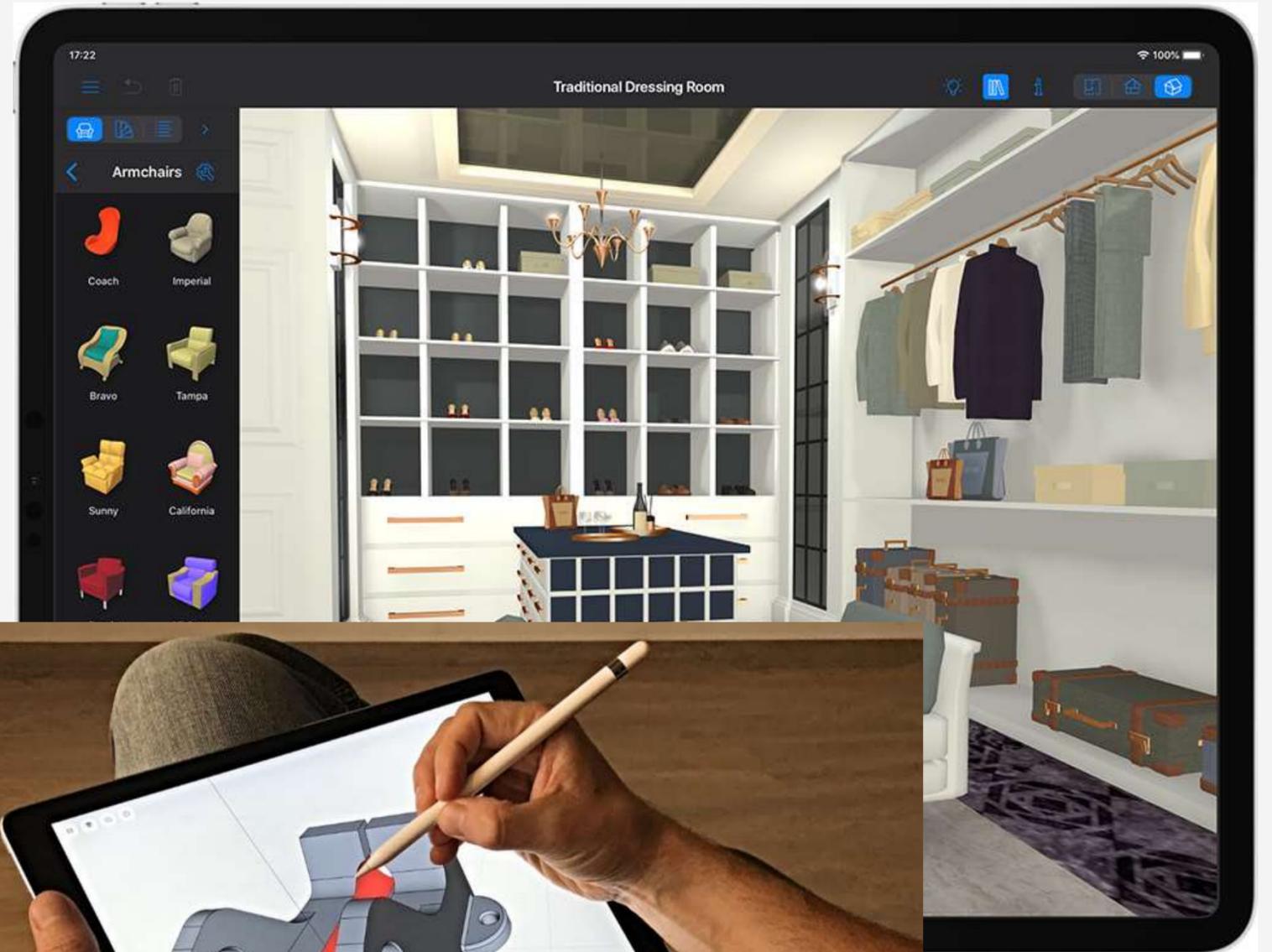


Learning 3

Support hobby with a digital tool or activity

*for painting: Get a graphic pen
download relevant apps*

*INVEST EARLY to get the maximum
benefit*



Learning 4

MOCK TEST

Different entrance tests available

Engineering

Medical

Arts

Bank etc



QUESTIONS

1- A B C D

2- A B C D

3- A B C D

A B C D

B C D

B C D

Learning 5



Connect with School Alumni

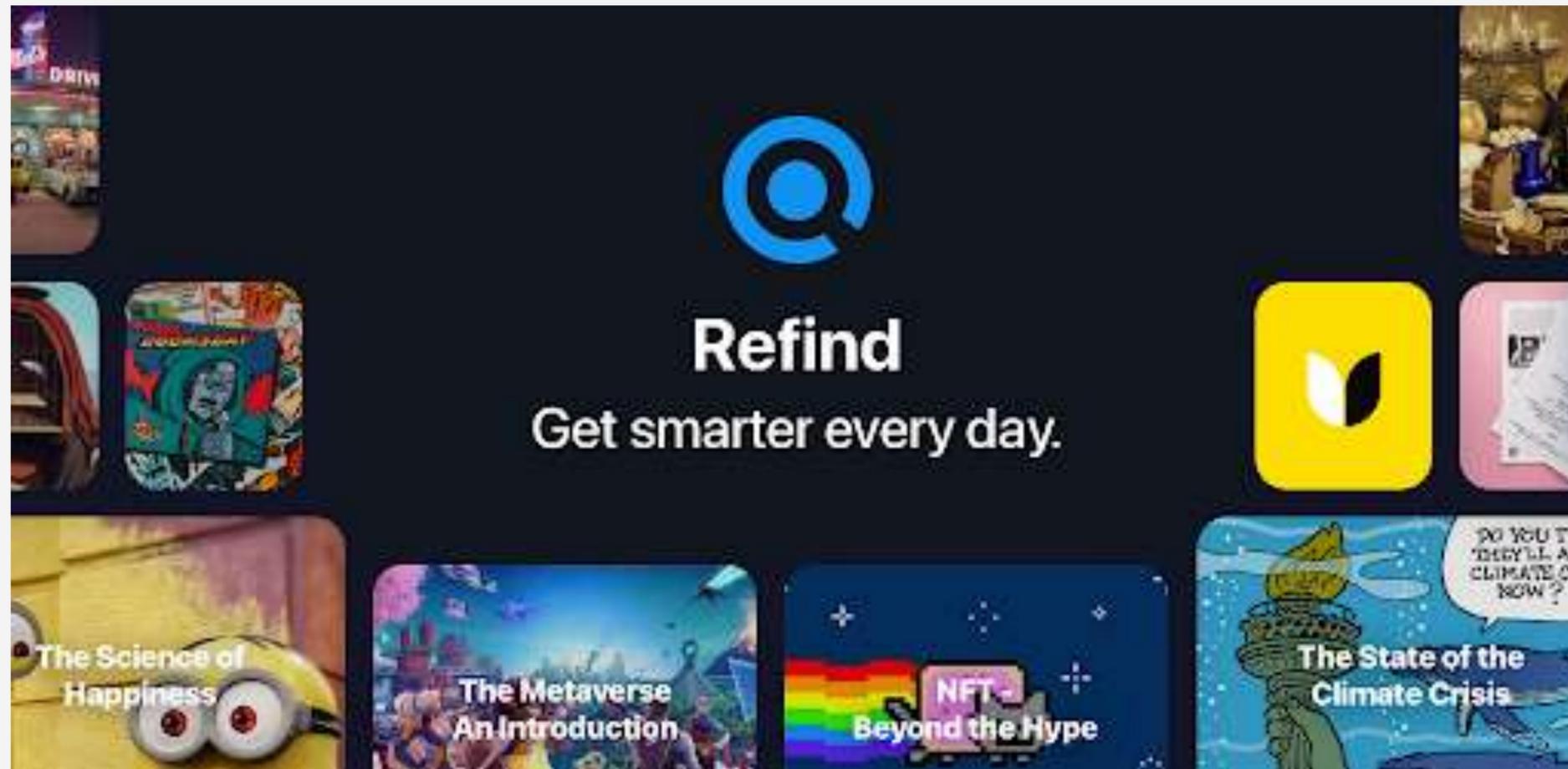
Build a strong network of learning

Learning 6

Read to expand perspective. Look for apps which will force you to learn new things.

Write articles/ Blog / Reports

e.g.: Add caption to all your social media post



Learning 7

Volunteer & Participate

Volunteers have higher odds of finding employment in today's job market	Build your skills and gain work experience
Stay engaged in the world of work	Meet new people and build your professional network
Make a difference in your community and create a sense of belonging	Increases self-confidence
	Face new experiences and challenge yourself

To boost your skills and qualifications



Learning 8



TRAVEL, ENGAGE, EXPLORE



Visit places which resonates your passion and interests

Public Places

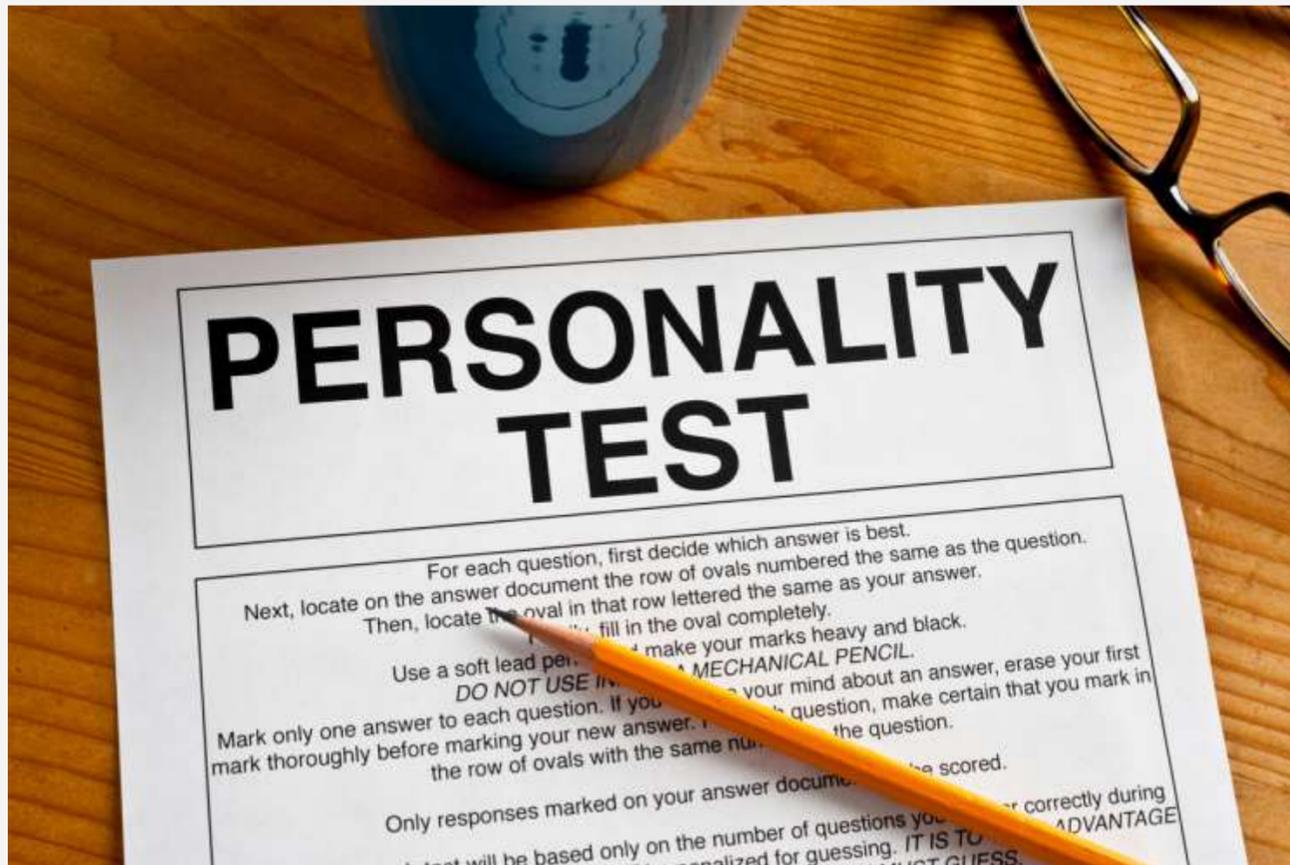
Hotels

Museums

Services

Learning 9

Take personality test online or offline to know self better



Analysts				Diplomats			
							
ARCHITECT INTJ (-A/-T)	LOGICIAN INTP (-A/-T)	COMMANDER ENTJ (-A/-T)	DEBATER ENTP (-A/-T)	ADVOCATE INFJ (-A/-T)	MEDIATOR INFP (-A/-T)	PROTAGONIST ENFJ (-A/-T)	CAMPAIGNER ENFP (-A/-T)
Sentinels				Explorers			
							
LOGISTICIAN ISTJ (-A/-T)	DEFENDER ISFJ (-A/-T)	EXECUTIVE ESTJ (-A/-T)	CONSUL ESFJ (-A/-T)	VIRTUOSO ISTP (-A/-T)	ADVENTURER ISFP (-A/-T)	ENTREPRENEUR ESTP (-A/-T)	ENTERTAINER ESFP (-A/-T)



<https://www.16personalities.com> or MBTI Test

Task Preferences

These are tasks listed in order of Sunny 's preferences.

Task Preference	Sunny 's Score	Description
Public Speaking	9.5	The enjoyment of presenting or articulating information to groups of people
Teaching	8.7 *	The enjoyment of instructing, training, or educating others
Building / making	8.1 *	The enjoyment of constructing or putting together anything
Research / learning	7.7	The enjoyment of gathering and comprehending new information
Mechanical	6.2	The enjoyment of work that involves fixing or repairing something
Artistic	5.2	The enjoyment of making things look beautiful or attractive
Numerical	5.0	The enjoyment of counting, calculating, or analyzing quantities using mathematics
Physical Work	3.8	The enjoyment of work that involves substantial bodily effort
Driving	3.3	The enjoyment of operating a motor vehicle
Manual Work	3.0	The enjoyment of work that involves using one's hands
Computers	2.5	The enjoyment of working with electronic machines that calculate, store, or analyze information
Clerical	2.5	The enjoyment of tasks such as typing or filing or organizing information

Traits

These are the primary work preference and personality factors measured in the Harrison Assessments system, listed in order of Sunny 's scores.

Life Themes - Sunny 's life themes, highest values, key potential strengths

Trait	Sunny 's Score	Description
Experimenting	9.9	The tendency to try new things and new ways of doing things
Planning	9.9	The tendency to formulate ideas related to the steps and processes
Organized	9.8	The tendency to place and maintain order in an environment or situation
Analyzes Pitfalls	9.8	The tendency to scrutinize potential difficulties related to a plan or project
Frank	9.4	The tendency to be straightforward, direct, to the point, and forthright

These are several tools available which suggests different professions which can help you in long run.

Learn about them!

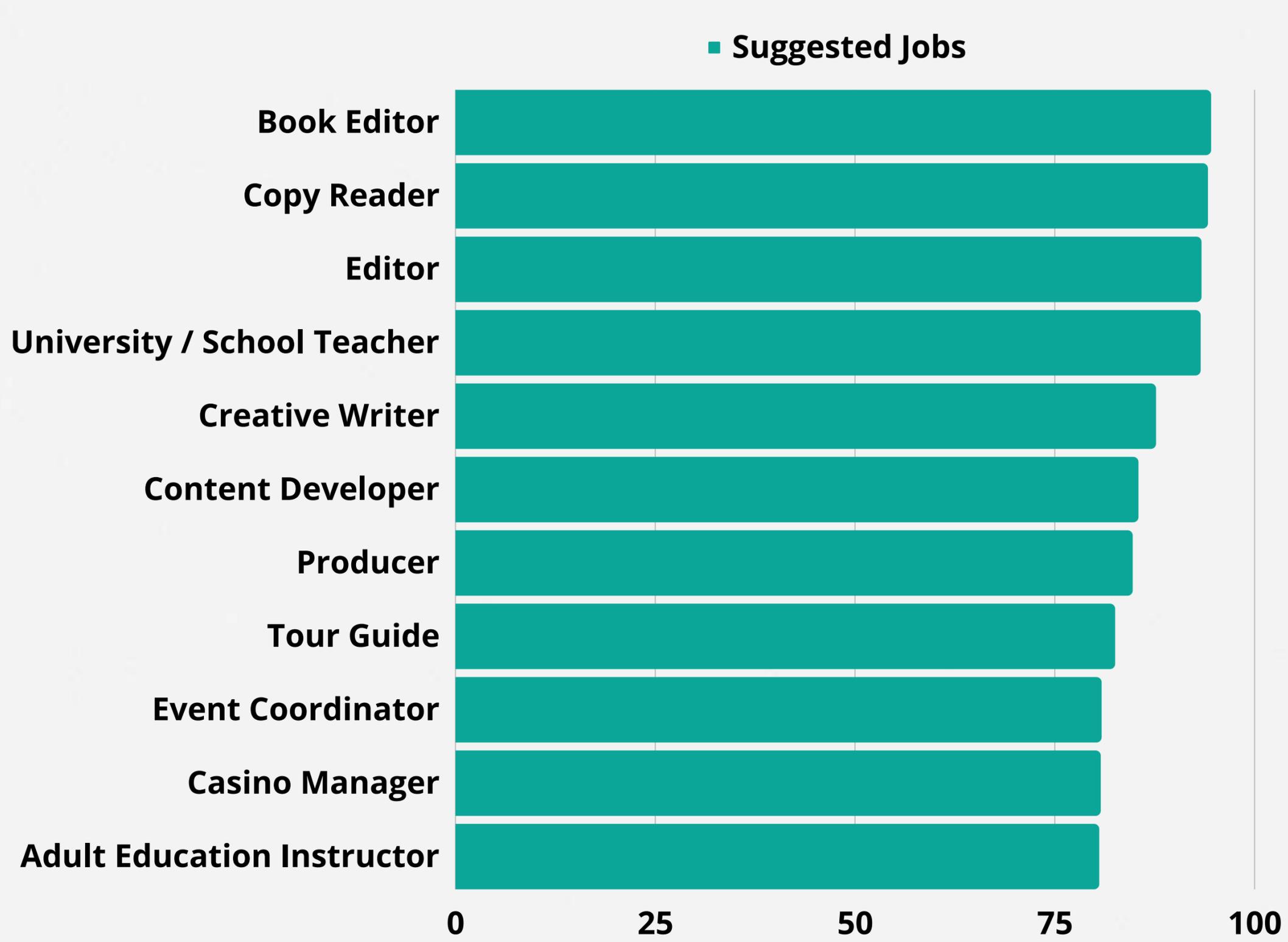


Traits & Definitions

Sunny Agrawal

For BAC - 20,21,22 Sept 2017 - Mumbai

Completed: 19/09/2017



Learning 10

Let's Re-arrange the way we look at subjects and courses as per interest and domain with FOCUSED approach

*Identify Actionable
Create a to-do list*

Be more conscious of the time and effort we put into our work



Arts, Crafts & Design
Product Designer
Textile Designer
Graphic Designer
Photographer
Illustrator
Jewellery Designer
Fashion Designers
Make-up Artist
Interior Designer

If you have interest in Arts and Design:

Start looking at career opportunities in cluster as mentioned

As a part of your hobby or interest, look for ways to work for each area like:

- Draw a product in new ways maybe more aesthetic and ergonomic with better features*
- Make new art pattern for clothes*
- Design a jewelry*
- Redesign your room*
- Learn relevant software like auto-cad, Photoshop*
- Buy a digital graphics pen*
- Learn how to doodle professionally*

Interest in Arts: Buy stylus phone or graphic pen, Design product and publish online, connect with seniors faculty to learn. Visit Patna Museum, Notice the wall painting in Patna City, Design Jewellery. Learn about makeup, write about creativity. Consider Media/Journalism as complementary career options

Interest in Business Management: Learn about customer service, raise fund, start managing cash, manage events, volunteer for help, connect with seniors and seek help. Become a personal assistant to someone else.

Arts, Crafts & Design
Product Designer
Textile Designer
Graphic Designer
Photographer
Illustrator
Jewellery Designer
Fashion Designers
Make-up Artist
Interior Designer

Performing Arts, Media & Journalism
Musician
Dancer
Actor
TV/Film Director
TV/Film Producer
Camera Operator
Sound Engineer
Writer
Journalist
Editor

Sales, Marketing & Advertising
Sales Executive
Store Manager
Buyer
Estate Agent
Marketing Executive
Market Researcher
Advertising account Manager
Public Relations Officer

Administration and Business Management
Customer Service Manager
Human Resource Manager
Project Manager
Management Consultant
Personal Assistant
Events Manager
Charity Fundraiser
Translator

Animals, Farming & The Environment
Vet
Animal Care Worker
Zookeeper
Farm Manager
Horticulture Worker
Landscape Architect
Ecologist

Interest in Arts: Buy stylus phone or graphic pen, Design product and publish online, connect with seniors faculty to learn. Visit Patna Museum, Notice the wall painting in Patna City, Design Jewellery. Learn about makeup, write about creativity. Consider Media/Journalism as complementary career options

Interest in Business Management: Learn about customer service, raise fund, start managing cash, manage events, volunteer for help, connect with seniors and seek help. Become a personal assistant to someone else.

Science & Research
Biotechnologist
Microbiologist
Pharmacologist
Food Scientist
Marine Biologist
Forensic Scientist
Geoscientist
Material Scientist
Meteorologist
Astronomer

Information Technology & Computing
Software engineer
System Analyst
Database Administrator
Network Engineer
IT Support Executive
Web Designer
Games Developer
Cyber-security analyst

Finance, Law & Politics
Bank Manager
Trader
Investment Analyst
Accountant
Actuary
Financial Adviser
Economist
Solicitor
Barrister
Politician

Engineering & Manufacturing
Civil Engineer
Drilling Engineer
Chemical Engineer
Mechanical Engineer
Automobile Engineer
Telecoms Engineer
Aerospace Engineer

Construction
Architect
Structural Engineer
Quantity Surveyor
Town Planner
Builder
Construction Manager
Carpenter
Electrician
Plumber

Interest in Finance: Learn economics, do accounting of home or personal expenses, read about banks and new policies, Consider Media/Journalism as complementary career options, make documentaries with the phone.

Transport
Airline Pilot
Air-traffic Controller
Transport Planner
Ship's Captain
Train Driver
Truck Driver
Logistics Manager

Security & Emergency Services
Soldier
Armed Forces Pilot
Navy Sailor
Royal Marine Commando
Coastguard
Police Officer
Probation Officer
Intelligence Officer
Firefighter
Paramedic

Sports, Leisure, & Tourism
Sports Professional
Personal Trainer
Beauty Therapist
Hotel Manager
Travel Agent
Airline Cabin Crew
Chef
Museum Curator

Health & Medicine
Doctor
Nurse
Midwife
Dentist
Pharmacist
Radiographer
Physiotherapist
Speech & Language Therapist
Occupational Therapist
Optometrist

Social Care & Teaching
Psychologist
Counsellor
Social Worker
Youth Worker
Care Home Manager
Nursery Worker
Primary School Teacher
Secondary School Teacher
Higher School Teacher
Higher Education Lecturer
Librarian

THANK YOU

Keep aligning your Favorite Subjects, Interests, Motivators,
Personality, Skills etc

https://youtu.be/T_c7PKOw1rc

In computer language, garbage in garbage out or rubbish in rubbish out is a widespread saying. And that same happens when we search on the internet. If we are not sure what we are looking for, we hardly find something meaningful quickly. We get all garbage.

There are a lot of ways that you can use search engines for getting such thought-provoking results. I will give you some smart search tricks and tips. This will make your life easier and save time.

Click to watch the video



**Enabling the work
environment to be
more Capable and
Compassionate
through
conversations**





Our Motivators

CONNECT ON SOCIAL MEDIA

(CLICK ON THE ICON TO OPEN THE PAGE)



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St Michael's Alumni Association

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